

# LEADING YOUR SELF

Igniting your mind and soul toward purpose-driven leadership and achievement of organisational and personal excellence

## INTRODUCTION

The most important resource in organisations is the human resources. The quality and quantity of leadership is a major determinant for human and organisational success. Personal and organisational success are inextricably linked.

We can only lead, empower and manage others when we are competent at leading ourselves first. Unless we are empowered to contribute toward our maximum potential, organisations cannot achieve their best, reach, and sustain peak performance levels.

The Leading Your Self program was developed to empower emerging and established leaders to achieve personal and organisational excellence whilst living meaningful and balanced lives which ultimately leads to success and happiness.

## FACILITATOR

Prof Kasan has a unique blend of skills and experience acquired over an exciting career of some forty years. He studied science, engineering, management, leadership, corporate governance and coaching. He studied at Harvard, Instead, University of Witwatersrand and University of Durban Westville. Early in his working career he was the founder of the Institute of Water and Wastewater Research at the Durban University of Technology. This Institute of research excellence has developed a global reputation for applied research and postgraduate training impacting the lives of many. Prof Kasan was the first full Professor at Technikon Natal and served as the Dean of the Faculty of Applied Sciences. In addition, a full services consultancy Division was established to provide value added services and advisory to industry and the private sector.

Twenty-two years ago he was invited to join Rand water, biggest water utility in African continent, as General manager of Scientific Services. He accepted the challenge and ensured provision of world class supply of potable water to 16 million consumers in the economic hub of the African continent on a sustainable basis. He is well known for his passion and focus on the development and empowerment of staff which led to the formulation of many unique initiatives to ensure and assure a sustainable pipeline of talent to sustain excellence. This was despite the skills challenges facing the country. His research/development and innovation approaches and successes are well known on a global basis.

South Africa and the African continent face major challenges in the provision of water and sanitation services delivery, which have been exacerbated by the COVID pandemic. Some of the key contributors to these challenges of service provision include technical, managerial, leadership and corporate governance skills. This coaching and mentoring program is focused on addressing the above contributors of the challenge to improve water and sanitation services delivery. Therefore, this program is unique in formulation and designed for impact and outcome.

Prof Kasan has occupied and continues to occupy many leadership roles in the country, continent and globally. Some of his leadership roles include;

- Ministerial Advisor on Water and Sanitation
- Vice President and Board Member of African Water Association (AFWA)
- Chair of AFWA Board Committee, Strategic Capacity Development for Africa
- Vice President and Board Member of International Water Association(IWA)
- Chair of IWA Board Committee, Governance and Nomination Committee
- Global Steering Committee member of UNHabitat, GWOPA Programme
- International Programme Committee member of Singapore International Water Week
- Chairman of Board of Water Research Commission
- Board member Umgeni Water
- Board member Rand Water
- Chairman of Board Water South Africa

Over the years Prof Kasan has been honored with many accolades for his outstanding contributions, including;

- Distinguished Fellow of International Water Association
- Senior Fellow of Water Institute
- Fellow of Institute of Directors
- Corporate Excellence award for cost effective management
- Corporate excellence award for Best Boss of Year
- Corporate Excellence Award for BEE spend performance
- Honorary Professor, Durban University of Technology
- Extraordinary Professor, University of Pretoria
- First full Professor at Technikon Natal
- Best Researcher award

Prof Kasan spent thirty years studying, followed by thirty years of very active career as academic and practitioner whilst serving in many leadership positions across the world. His focus now is to create a better future for all through the sharing of knowledge and expertise. This unique and innovative coaching, mentoring and training program has been tailored to empower committed individuals to achieve excellence and create value for organizations, communities and stakeholders.

## **PROGRAM OVERVIEW**

The number of people that are disenchanted with their work and life appears to be growing. Why are so many successful people unhappy? They not only fail to get the satisfaction they rightfully should expect from their jobs but often find that they are not able to develop their own and others potential as human beings. The unprecedented pandemic has resulted in various challenges which has seriously impacted morale and engagement levels.

This training, mentoring and coaching programme will challenge your paradigms of thinking, allow you to evaluate your attitude and beliefs and empower you to develop and change both your attitudes and beliefs. The programme will also facilitate you to realise your purpose and lead a purposeful life.

This innovative program was specifically developed to empower you to lead yourself to achieve a healthy balance between the different levels of your existence. This program is therefore a must for every committed professional in the water and sanitation sector individual who wants to make a difference to his/her organisation, personal life, communities, stakeholders and the world. If you are yearning for change and improvement then this programme will empower you to achieve excellence, become successful, add value and experience personal fulfillment.

## PROGRAMME CONTENT

SESSION NO	DURATION	CONTENT
1	2 days	<p>A Self Leadership workshop conducted on a group basis focused on</p> <ul style="list-style-type: none"> <li>• What is holding you back?</li> <li>• Who is holding you back from realizing your true potential?</li> <li>• A purpose-driven life</li> <li>• How does the mind work?</li> <li>• Formulating your personal life map</li> <li>• Programming your mind</li> </ul>

## METHODOLOGY

This unique program employs an innovative blend of methods. A two-day group workshop will be conducted in an inter-active manner designed to motivate and inspire delegates toward a unique transformational experience. Delegates will be facilitated through excellent presentations and completion of self-analyses and formulation exercises. In addition, delegates will be trained and mentored in practical techniques to program and manage their minds.

The program also includes eight (8) “one-on-one” coaching sessions which are designed and focused on achieving predetermined outcomes. The expert coach will utilise elements of teaching, training, mentoring and coaching to realise each of your outcomes.

## KEY OUTCOMES/BENEFITS FOR YOU

- Realisation of your deeper inner potential,
- Identify and understand what is holding you back from achieving excellence and becoming what you want to be,
- Sustainable peak performance,
- Understand how your brain and mind works and how to manage your mind, in order to overcome all that is holding you back,
- Formulate your personal plan for realising your dreams in terms of health, career success, social relationships, learning, spirituality, management and leadership,
- Empower yourself with practical techniques to programme your mind in order to realise your potential for success and happiness,
- Appreciate why people are different and how to deal differently with people in order to achieve outcomes , and,
- A balance between your personal and professional life.

## KEY OUTCOMES FOR YOUR ORGANISATION

- More balanced, engaged and effective employees,
- Improved team performance,
- More proactive, creative and innovative attitudes, and
- Better change and conflict management.
- Improved leadership resulting in enhanced organisational performance.

## TARGET GROUP

Scientists, engineers, technicians, leaders, executives, non-executive directors, business owners, managers, team leaders, supervisors, human resource practitioners and all individuals seeking excellence.

## COST

The cost of the 2-day Leading Your Self workshop program is R8 050 for WISA members and R9 775 for non-members excluding travel and accommodation.

*You are what your deep, driving desire is.  
As your desire is, so is your will.  
As your will is, so is your deed.  
As your deed is, so is your destiny.*

*Brihadaranyaka Upanishad. IV. 4.5*